



2022 Bob Vigars Classic Technical Information

**Alumni Stadium – Western University – London, ON
Sunday May 29th, 2022**

- Meet Director:** Scott MacDonald – scottmaclwtfc@gmail.com 613-222-5674
- Events:** National Permit Meet (E level) – 5:45 – 9:00 pm
100m, 400m, 800m, 1500m, 5000m, 400mH,
Shot Put, Pole Vault (W), Triple Jump (W), Long Jump (M)
- Pre-Meet (F Level) – 12:00 – 5:00 pm
100m, 200m, 400m, 800m, 1500m, 100mH/110mH,
Hammer, Javelin, Pole Vault (M), Long Jump (W)
- Entries:** All entries to be completed online at the link below, including CTFL athletes who will be incorporated into the meet wherever seed performances allow - www.trackireg.com/2022BobVigarsClassic
- Entry Fee:** \$25 payable online only. All athletes must be registered with their provincial branch or National Federation. Those who wish to be considered for the National Permit Meet are asked to complete the [Expression of Interest](#) form.
- Deadline:** ALL ENTRIES must be completed by Wednesday, May 25th at 11:59 pm
- Prize Money:** Prize Money will available to the top 3 finishers in all National Permit Meet events only - (\$300 - \$200 - \$100)
- Check-in:** All track athletes are required to check into the call room 15 minutes prior to their event. Field event athletes can report directly to their competition area beginning an hour before the start of the competition
- Schedules:** The National Permit Meet schedule can be found below. The pre-meet will take place between 12:00 & 5:00 pm and will be finalized once final entries have been completed.



NATIONAL TRACK & FIELD TOUR

NATIONAL PERMIT MEET SCHEDULE (Level E)

TRACK		FIELD	
		5:45pm	Women's Shot Put
		5:45pm	Women's Triple Jump
6:00pm	Men's 400mH FINAL	6:00pm	Women's Pole Vault
6:15pm	Women's 400mH FINAL		
6:30pm	Women's 100m Heats		
6:40pm	Men's 100m Heats		
6:50pm	Women's 1500m FINAL		
7:00pm	Men's 1500m FINAL	7:00pm	Men's Long Jump
7:10pm	Women's 400m FINAL		
7:15pm	Men's 400m FINAL	7:15pm	Men's Shot Put
7:25pm	Women's 800m FINAL		
7:35pm	Men's 800m FINAL		
7:50pm	Women's 100m FINAL		
8:00pm	Men's 100m FINAL		
8:10pm	Women's 5000m FINAL		
8:30pm	Men's 5000m Timed FINAL		

TRACK & FIELD